

# SIZE GUIDE FOR RINGS

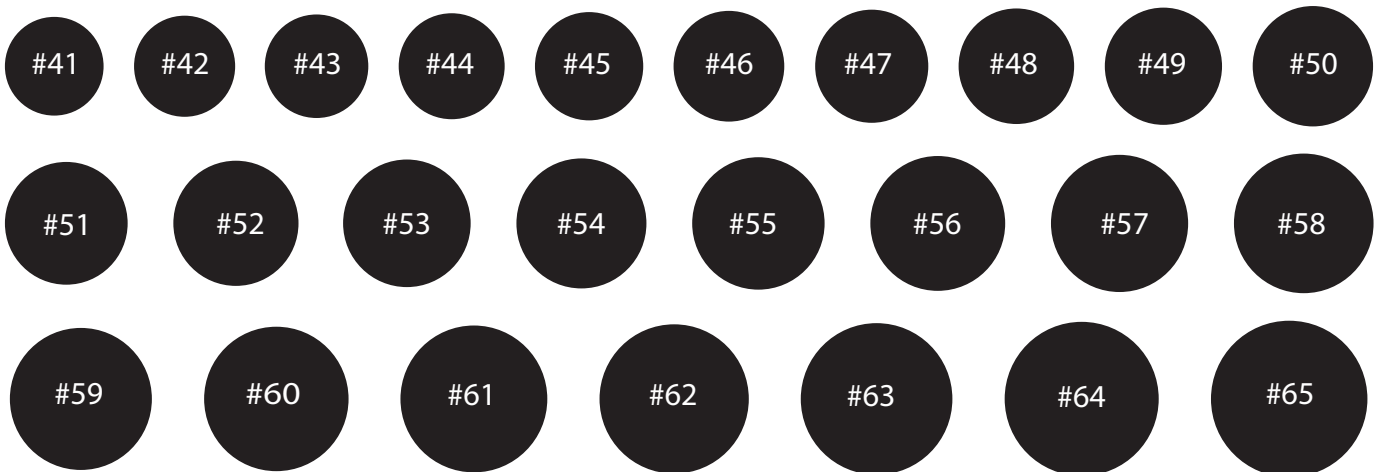
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## 3rd Method

To help you choose your ring, we suggest you print the following ring size chart. Before you start, make sure that your printout is scaled to 100% and actual size. You can check that by placing a credit card to the bottom line of the page, to match the outline.

Each circle corresponds to the inside diameter of the ring. Use a closed ring that you have and is perfectly round, place it on the top of the circles until you find the perfect match of the inner perimeter of the ring. For the fit to be perfect, the circle on the chart should appear on the inside of your own ring, and no white should appear to the inner part.

If you are hesitating between two sizes, we advise you choose the larger size.



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## 1st Method

How to measure your finger perimeter with a belt and ruler.

- Take a sewing thread and turn it around your finger, not too tight not too loose.
- At the point where the thread crosses each other, mark the position with a pen or a sign.
- Straighten the thread and measure its length on a ruler.  
This measure is the perimeter length of your finger.
- Find your size to the below chart.

## 2nd Method

Another way of finding your size is by measuring the internal diameter of a ring.  
Use a ruler to measure the **internal** diameter and compare it with the chart below.

Finger Perimeter (mm)	Finger Diameter (mm)	Europe (FR) Ring Size
44	14,01	44
45	14,33	45
46	14,65	46
47	14,97	47
48	15,29	48
49	15,61	49
50	15,92	50
51	16,24	51
52	16,56	52
53	16,88	53
54	17,20	54
55	17,52	55
56	17,83	56
57	18,15	57
58	18,47	58
59	18,79	59
60	19,11	60
61	19,43	61
62	19,75	62
63	20,06	63
64	20,38	64
65	20,70	65
66	21,02	66

